

INDICATORS OF MENTAL ILLNESS

Evaluate the possibility of a mental illness by watching for the following.

<input type="checkbox"/> Prior History <input type="checkbox"/> Self-harm acts, like cutting oneself <input type="checkbox"/> Talk of suicide or suicide attempts <input type="checkbox"/> Prolonged or severe depression <input type="checkbox"/> Tension-caused physical problems <input type="checkbox"/> Undue, continuing anxiety and worry <input type="checkbox"/> Withdrawal from society <input type="checkbox"/> Alcohol and drug abuse <input type="checkbox"/> Confused or disordered thinking <input type="checkbox"/> Hallucinations or delusions <input type="checkbox"/> Unjustified fears <input type="checkbox"/> Obsessions or compulsions <input type="checkbox"/> Inappropriate emotions <input type="checkbox"/> Substantial, rapid weight gain or loss <input type="checkbox"/> Too much or too little sleep	<input type="checkbox"/> Excessive self-centeredness <input type="checkbox"/> Loss of touch with reality <input type="checkbox"/> Persistent negative self-image and outlook <input type="checkbox"/> Inability to maintain good interpersonal relationships <input type="checkbox"/> Bizarre religious beliefs and behaviors <input type="checkbox"/> Excessive feelings of remorse and guilt <input type="checkbox"/> Extreme high and low feelings/moods <input type="checkbox"/> Inability to feel love <input type="checkbox"/> Strong feelings of anger <input type="checkbox"/> Inability to take care of one's personal needs <input type="checkbox"/> Inability to manage responsibilities or solve problems at school, at church, at work, or at home
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SACRED INTIMACY vs. INAPPROPRIATE GRATIFICATION

Sacred Marital Intimacy is based on:	Inappropriate Sexual Gratification is based on:
Love	Lust
Mutual agreement	Secrecy
Sharing/Giving	Selfishness
Respect	Disrespect
Commitment/Loyalty	No Commitment/Disloyalty
Understanding each other	Indifference
Dignity	Humiliation
Gentleness/Kindness	Lack of concern
God's teachings and boundaries	False teachings and lack of restraint
God's inspiration	Lucifer's temptation
And leads to unity, self control and great blessings	And leads to isolation, addiction, and negative consequences